



GADA Program for Pain Education

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Aim of Investigation

Development of a program of education and training in evaluation and treatment of pain, transversal, ranging from the general population to postgraduate courses

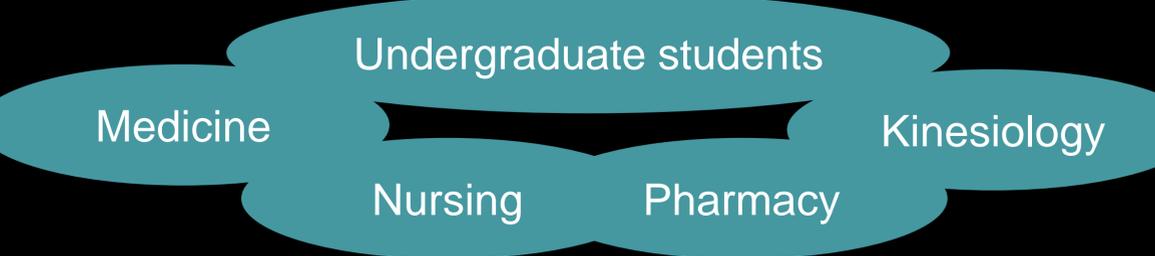
Methods

Face-to-face talks are given to the general community (through the city health agency) and patient groups, we use different communication channels, both telephone and mail and through social networks (Instagram tweeter and Facebook), website and youtube. Undergraduate training classes are given to students in attendance. To the degree there are face-to-face and virtual classes in the residences. In postgraduate courses, face-to-face and virtual courses with a high workload, face-to-face and virtual short courses on specific topics and social networks with quick tips based on short clinical cases. To this is added the organization of massive training events such as a Congress and Multicourse of Pain Update where 36 courses or discussion and refresher courses with a teaching spirit are held in 3 days. Also we do thematic conferences throughout the year. In addition to this, the generation of written material available to the community, patients and professionals, available in physical and electronic format. Finally, an online conference free participation is organized monthly with recognized speakers.

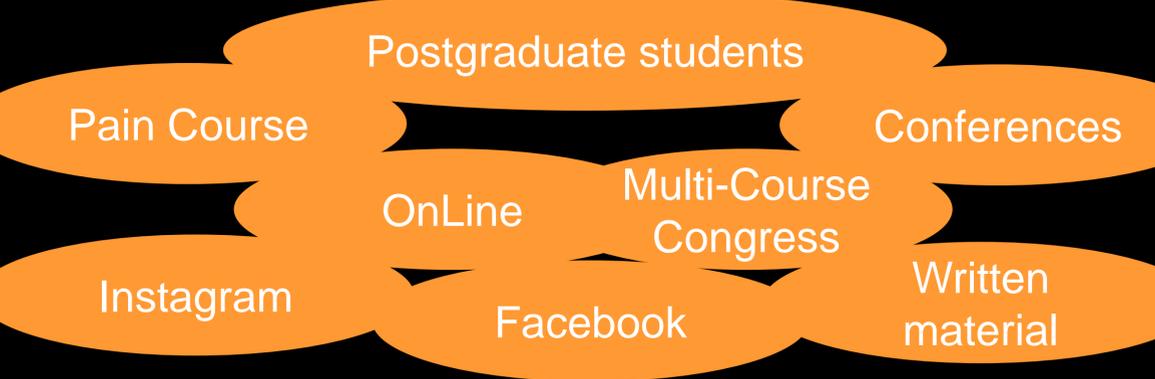
Face-to-face – Telephone – Mail
WebSite – Youtube – Social Networks



Face-to-face – Mail
WebSite – Youtube – Social Networks



Face-to-face – OnLine – Clinical Cases
WebSite – Youtube – Social Networks



Results

There was a progressive interest in the evaluation and treatment of pain, both in the community and in the different stages of training (undergraduate, graduate and postgraduate). Progressive increase of participants in social networks and access to the web, as well as questions through more classic communication channels such as telephone and mail. Also a progressive increase in the enrolled in the different face-to-face talks to the community, patients, and conferences and meetings for professionals, as well as a progressive increase in those enrolled in both virtual and face-to-face courses. In the last 24 months, the average growth was 18% year-on-year.

Conclusions

The development of a comprehensive pain education program has shown great interest in different areas, both the general community and patient groups, undergraduate and graduate training professionals and postgraduate professionals. The use of virtual courses and development of electronic communication channels through social networks, web pages, etc. has boosted the arrival of information to a greater number of interested parties. The face-to-face events such as conferences and congresses (multi-course) make the event a unique exchange meeting point in the context of these multiple educational avenues. The education of the community, patients and professionals is one of the most important pillars to achieve pain relief. Involving the government health authorities was a fundamental resource to increase the arrival to the community.